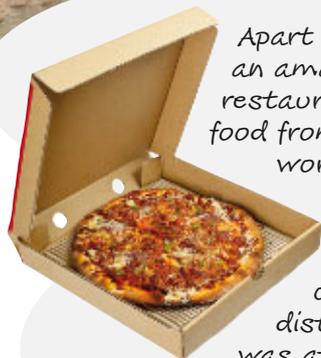


Multi-ethnic Cooking



Apart from its traditional dishes, Britain has an amazing choice of ethnic cooking in restaurants and **takeaways** which offer food from countries around the world including China, India, Japan, Thailand, Spain, Jamaica and Italy. This multi-ethnic cooking grew in popularity mainly because of Britain's historic connections with distant countries during its **Empire**, which was at its strongest between 1815 and 1914. Most of the early ethnic minorities came to Britain as **sailors** on commercial ships and **settled** in London. Cooking was a way to **earn** money for a **foreigner** who couldn't speak English. By the early 1900s, Soho, in London, was famous for the area called Chinatown. Similarly, Knightsbridge and Kensington in London were famous for top Indian restaurants.



Thai and Vietnamese cooking has been popular since the late 1990s when British people travelled as foreign tourists to those countries. The most popular takeaway foods in Britain today are Indian, Chinese and Italian pizza.



take aways = locali con cibo da asporto
Empire = Impero
sailors = marinai
settled = si sono stabiliti
earn = guadagnare
foreigner = straniero

glossary

1 Read these definitions and find the right words in the text.

- 1 An area in London with a concentrated number of Chinese people. =
- 2 A small population of immigrants from a foreign country. =
- 3 A dish that you buy ready-cooked and eat at home. =
- 4 Food made with exotic ingredients using foreign recipes. =

2 Now answer these questions.

- 1 Why did multi-ethnic cooking develop in Britain?
- 2 Why did foreign sailors start cooking in London?
- 3 Which are the most popular takeaway foods in Britain today?

3 Listen to the conversation with Chan about his family business, read the statements and mark them true (T) or false (F).



- 1 Chan enjoys working in the shop. T F
- 2 Chan helps his mother and grandfather. T F
- 3 Chan's grandmother is giving the shop to his parents. T F
- 4 Chan prefers working in the front of the shop. T F
- 5 Saturday and Sunday nights are the busiest. T F



Multi-ethnic Food Quiz

2 Spicy vegetables with chilli peppers, lemon grass, fish sauce and lime juice served with fried noodles.

.....



1 A large dish containing yellow saffron-flavoured rice with different types of seafood often with pieces of chicken or beef.

.....



3 Raw fish and rice rolled in seaweed with a strong green mustard called wasabi.

.....



4 Chicken pieces cooked in a spicy curry sauce with tomatoes and onions served on basmati rice.

.....



5 Roast beef, roast potatoes, carrots, broccoli and Yorkshire puddings with gravy.

.....



8 A round piece of meat with cheese on top served in sesame bread with French fries.

.....



6 A thin flat round cake made from flour, milk and eggs with sweet or salty filling.

.....



7 A base made with flour, water and yeast with tomato and cheese on top.

.....



Answers

1 Spain, 2 Thailand, 3 Japan, 4 India, 5 England, 6 France, 7 Italy, 8 USA

saffron-flavoured = aromatizzato allo zafferano
 raw = crudo
 seaweed = alga marina
 gravy = sugo di carne
 filling = ripieno
 yeast = lievito
 French fries = patatine fritte

glossary

4 Can you match these dishes to their countries of origin?

Do the 'Multi-ethnic Food' Quiz with a partner and write the names of the dishes.

5 Work in pairs. Describe your favourite ethnic-food to your partner, but don't tell him/her what it is! Can he/she guess? Think about these things.

- What ingredients are in it?
- Where does it come from?
- Is it sweet or salty?

English Humour
 What do you get when you cross a cheetah with a pizza?
 Fast food!