

PART 2

For questions **13 – 24**, read the text below and think of the word which best fits each gap. Use only **one** word in each gap.

Health

According to the latest reports, people in the UK are living in good health **(13)** longer.

Healthy life expectancy has increased remarkably in **(14)** last years.

This means that **(15)** people are staying healthy into later life. There are many reasons for this, **(16)** our health is influenced by a number of factors: by what we eat or drink, **(17)** active we are, our work, housing and access to facilities. In addition to this, medical advances have helped a lot in helping people live longer.

Now the challenge **(18)** to manage the ageing population. It is important to help older people look **(19)** themselves where possible, teach younger people to appreciate the value of elders and in general help people prepare **(20)** care needs.

The report **(21)** shows a difference between the sexes. Figures show men spend a greater proportion of their lives in favourable health compared to women. But in recent years this gap has narrowed. In fact the health of women has improved more rapidly **(22)** for men. This may be due to higher rates of obesity, alcohol consumption and smoking **(23)** men.

This difference can also depend on the way men and women see their well-being.

This survey in fact asks **(24)** individual how they would define their health. It is possible that women have a more positive way of seeing themselves and their health than men.

TIP

For each word decide what kind of word is missing (noun, pronoun) and check if it fits the overall meaning of the text.