

For questions 13 – 24, read the text below and think of the word which best fits each gap. Use only **one** word in each gap. There is an example at the beginning (0).

The first runner to “circumnavigate” the planet

Like Sir Edmund Hillary’s conquest of Everest or Neil Armstrong’s first step on the Moon, Robert Garside has done (0) *something*.... which no one else has ever done: he has run across six continents!

Garside, the 40-year-old former psychology student (13) Stockport, after a four-year evaluation has been formally included in the Guinness Book of Records (14) the first person to run around the world.

Marco Frigatti, head of records for Guinness World Records, (15) *The Guardian* their decision had been based on an “astronomical” number of receipts, witness tapes, video footages, (16) showed him “running in front of very iconic places” around the world.

When Garside learnt he had been officially become the first runner to “circumnavigate” the planet he said: “People find what they’re looking for. If you want to find negatives, you’ll find them. I did it with positive intent and nothing else...

How (17) I feel? Relieved”. What is the story of this superhero of running? Very simple. (18) attending a grammar school in Stockport, Robert Garside was between jobs and academic studies (19) 1996. He set (20) from London’s Piccadilly Circus, announcing that he was going to run around the world. Totally alone, (21) the support of a crew, he ran through the bleak mountains of the Hindu Kush, through Afghanistan, and, suspected of espionage, was jailed in China. After

that he ran through Japan, Australia, South America, North America, Africa, Southern Europe, the Middle East and back to India.

(22) the time he got to the town of Norsemen in Western Australia, he (23) beaten the world

record claimed by Sarah Fulcher in 1988 for the world’s longest run. “It’s an adventure, as long as you see it as an adventure,” he told a reporter at the time. “You only live once. Death is when you don’t move. Life is when you move. I (24) moving a lot.”

